

WORKING TOGETHER TO HELP ACHIEVE SUCCESS

PAH Pathways is committed to helping you meet your goals with Ventavis. Write your goal on the magnet below and place it where you can see it every day for motivation.

MY GOAL WITH VENTAVIS

TIPS TO HELP YOU MEET YOUR GOAL

- Take Ventavis as prescribed
- Stay positive and be realistic
- Talk with your doctor
- Keep family and friends involved



IMPORTANT SAFETY INFORMATION: Because it lowers your blood pressure, Ventavis may cause dizziness, lightheadedness, and fainting. With Ventavis, the most common side effects are reddening of the face caused by dilation of blood vessels (flushing), increased cough, low blood pressure (hypotension), headaches, nausea, spasm of the jaw muscles that causes trouble opening your mouth, and fainting (syncope); other serious adverse events reported with the use of Ventavis include congestive heart failure, chest pain, supraventricular tachycardia, dyspnea, peripheral edema, and kidney failure. Before you start taking Ventavis, talk to your doctor to make sure you understand the side effects you might get.

Please see accompanying full prescribing information and patient information.



1. Olschewski H, Simonneau G, Galiè N, et al. Inhaled iloprost for severe pulmonary hypertension. *N Engl J Med.* 2002;347:322-329.

I-neb AAD is a registered trademark of Philips Respironics.
"Second wind" is a licensed trademark of Pulmonary Rehabilitation Associates.
© 2008 Actelion Pharmaceuticals US, Inc. All rights reserved. 08 428 01 00 1208

FOR PATIENTS WITH PULMONARY ARTERIAL HYPERTENSION (PAH)
WITH NYHA CLASS III OR IV SYMPTOMS

PAH PATHWAYS AND VENTAVIS

THE PARTNERSHIP PROMISE

*Give yourself a second wind®
by making the commitment to
meet your goals with Ventavis.*



*Please see accompanying
full prescribing information
and patient information.*



THE PARTNERSHIP PROMISE

PAH Pathways is here to help you start and stay on the right path with Ventavis, and we will be there for you every step of the journey to help you meet your goals.

START

Here are a few tips to help you start on the right path with Ventavis:

- Set a goal
- Write it down on the magnet on the back of this brochure
- Place the magnet where you can see it every day to remind you of your goal
- You can feel confident because Ventavis*:
 - Is the only inhaled PAH therapy that can be given alone to help you feel better and walk farther; it can also be used safely with many other drugs
 - Is delivered right to the lungs where it can do the most good
 - Decreases the risk that your PAH will get worse

ABOUT YOUR GOAL

Setting a goal can help keep you motivated to start, stay, and strive on Ventavis—but it's important to set realistic expectations. Some people may want to be able to walk around the block. Others may want to attend their child's soccer match. Choose something that's meaningful and realistically obtainable in your life.

*AIR Study. In this clinical study of 146 patients with WHO functional class III or IV PAH, researchers compared 2 groups of patients for 12 weeks: 1 group received Ventavis 2.5 mcg or 5.0 mcg inhaled 6 to 9 times per day, while the other received placebo (no active medicine).¹

Please see important safety information on back page.

STAY

Be realistic. Understand that treatment with Ventavis is different than taking a pill. Do your best to stay with your treatments and make Ventavis a part of your life.

- Continue to take Ventavis as directed by your doctor
- Keep in close contact with your healthcare support team
- Call PAH Pathways with your questions about Ventavis or your I-neb AAD
- Call Sure Steps nurse counselors for ongoing education and support



STRIVE

Track your progress and remind yourself what your goal is daily.

- Sign the magnet and place it where you will see it every day
- Remember that in chronic diseases like PAH, not getting worse is considered an important treatment goal
- Share your successes with your friends and loved ones



Please see accompanying full prescribing information and patient information.



www.PAHPathways.com | 1-866-228-3546